

Genitourinary Exam

System/Body Area	Elements of Examination
Constitutional	<ul style="list-style-type: none"> ■ Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (May be measured and recorded by ancillary staff). ■ General appearance of patient (e.g., development, nutrition, body habitus, deformities, attention to grooming)
Head and Face	
Eyes	
Ears, Nose, Mouth and Throat	
Neck	<ul style="list-style-type: none"> ■ Examination of neck (e.g., masses, overall appearance, symmetry, tracheal position, crepitus) ■ Examination of thyroid (e.g., enlargement, tenderness, mass)
Respiratory	<ul style="list-style-type: none"> ■ Assessment of respiratory effort (e.g., intercostal retractions, use of accessory muscles, diaphragmatic movements) ■ Auscultation of lungs (e.g., breath sounds, adventitious sounds, rubs)
Cardiovascular	<ul style="list-style-type: none"> ■ Auscultation of heart with notation of abnormal sounds and murmurs ■ Examination of peripheral vascular system by observation (e.g., swelling, varicosities and palpation (e.g., pulses, temperature, edema, tenderness)
Chest (Breasts)	[See Genitourinary (female)]
Gastrointestinal (Abdomen)	<ul style="list-style-type: none"> ■ Examination of abdomen with notation of presence of masses or tenderness ■ Examination for presence or absence of hernia ■ Examination of liver and spleen ■ Obtain stool sample for occult blood test when indicated
Genitourinary	<p>Male:</p> <ul style="list-style-type: none"> ■ Inspection of anus and perineum ■ Examination (with or without specimen collection for smears and cultures) of genitalia including: <ul style="list-style-type: none"> — scrotum (e.g., lesions, cysts, rashes) — epididymides (e.g., size, symmetry, masses) — testes (e.g., size, symmetry, masses) — urethral meatus (e.g., size, location, lesions, discharge) — penis (e.g., lesions, presence or absence of foreskin, foreskin retractability, plaque, masses, scarring deformities) ■ Digital rectal examination including: <ul style="list-style-type: none"> — prostate gland (e.g., size, symmetry, nodularity, tenderness) — seminal vesicles (e.g., symmetry, tenderness, masses, enlargement) — sphincter tone, presence of hemorrhoids, rectal masses <p>Female:</p> <ul style="list-style-type: none"> ■ Includes at least seven of the following eleven elements identified by bullets: <ul style="list-style-type: none"> — Inspection and palpation of breasts (e.g., masses or lumps, tenderness, symmetry, nipple discharge) — Digital rectal examination including sphincter tone, presence of hemorrhoids, rectal masses ■ Pelvic examination (with or without specimen collection for smears and cultures), including <ul style="list-style-type: none"> — external genitalia (e.g., general appearance, hair distribution, lesions) — urethral meatus (e.g., size, location, lesions, prolapse) — urethra (e.g., masses, tenderness, scarring) — bladder (e.g., fullness, masses, tenderness) — vagina (e.g., general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele) — cervix (e.g., general appearance, lesions, discharge) — uterus (e.g., size, contour, position, mobility, tenderness, consistency, descent or support) — adnexa/parametria (e.g., masses, tenderness, organomegaly, nodularity) — anus and perineum
Lymphatic	<ul style="list-style-type: none"> ■ Palpation of lymph nodes in neck, axillae, groin and/or other location
Musculoskeletal	
Extremities	
Skin	<ul style="list-style-type: none"> ■ Inspection and/or palpation of skin and subcutaneous tissue (e.g., rashes, lesions, ulcers)
Neurological/ Psychiatric	<ul style="list-style-type: none"> ■ Brief assessment of mental status including: <ul style="list-style-type: none"> — orientation to time, place and person and — mood and affect (e.g., depression, anxiety, agitation)

Content and Documentation Requirements

Level of exam	Perform and document
Problem focused	One to five elements identified by a bullet.
Expanded Problem focused	At least six elements identified by a bullet.
Detailed	At least twelve elements identified by a bullet.
Comprehensive	Perform all elements identified by a bullet; document every element in each shaded box and at least one element in each unshaded box.